## **Group Exercise Class Schedule**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GROUP CYCLE	BARBELL BOOT CAMP	BOOT CAMP	STEP BOOT CAMP	GROUP CYCLE
5:30A-6:30A	5:30A – 6:30A	5:30A-6:30A	5:30A-6:30A	5:30A-6:30A
GROUP EX ROOM	GROUP EX ROOM	GROUP EX ROOM	GROUP EX ROOM	GROUP EX ROOM
JOSEPH GARZA	JOSEPH GARZA	JOSEPH GARZA	JOSEPH GARZA	JOSEPH GARZA
		CHAIR YOGA		
		9:00A-10:00A		
		GROUP EX ROOM		
TAI CHI	AQUA FIT	CHAIR YOGA	AQUA FIT	TAI CHI
10:00A-11:00A	10:00A-11:00A	11:00A-12:00P	10:00A-11:00A	10:00A-11:00A
GROUP EX ROOM	POOL ROOM	GROUP EX ROOM	POOL ROOM	GROUP EX ROOM
TYSON BURWELL	HELICITY JOHNSON	GROUP EX ROUM	HELICITY JOHNSON	TYSON BURWELL
		CHAIR YOGA		
		11:00A-12:00P		
		GROUP EX ROOM		
ZUMBA	ZUMBA	ZUMBA	ZUMBA	
12:00P-1:00P	12:00P-1:00P	12:00P-1:00P	12:00P-1:00P	
GROUP EX ROOM	GROUP EX ROOM	GROUP EX ROOM	GROUP EX ROOM	
ZUMBA		ZUMBA		ZUMBA
4:30P-5:30P		4:30P-5:30P		4:30P-5:30P
GROUP EX ROOM		GROUP EX ROOM		GROUP EX ROOM